

Aim to eat at least 5 servings of fruits and vegetables each day.

Discourage eating meals or snacks while watching TV.

Eating a healthy breakfast is a good way to start the day and may be important in achieving and maintaining a healthy weight.

IF YOUR CHILD IS OVERWEIGHT

Many overweight children who are still growing will not need to lose weight, but can reduce their rate of weight gain so that they can "grow into" their weight.

Your child's diet should be safe and nutritious. It should include all of the Recommended Dietary Allowances (RDAs) for vitamins, minerals, and protein and contain the foods from the major Food Guide Pyramid groups. Any weight-loss diet should be low in calories (energy) only, not in essential nutrients.

Even with extremely overweight children, weight loss should be gradual.

Crash diets and diet pills can compromise growth and are not recommended by many health care professionals.

Weight lost during a diet is frequently regained unless children are motivated to change their eating habits and activity levels for a lifetime.

Weight control must be considered a life-long effort.

Any weight management program for children should be supervised by a physician.

LEAVE OF ABSENCE

By unanimous consent, leave of absence was granted to:

Mr. BECERRA (at the request of Ms. PELOSI) for today.

Mr. FATTAH (at the request of Ms. PELOSI) for today on account of personal business.

Mr. GUTIERREZ (at the request of Ms. PELOSI) for today.

Mr. TAYLOR of Mississippi (at the request of Ms. PELOSI) for today on account of a family emergency.

Mr. BACA (at the request of Ms. PELOSI) for today after 3:00 p.m. on account of a medical emergency.

Mr. BILIRAKIS (at the request of Mr. DELAY) for today after 2:00 p.m. on account of personal reasons.

Mr. BOOZMAN (at the request of Mr. DELAY) for today on account of a death in the family.

Mr. YOUNG of Florida (at the request of Mr. DELAY) for today to attend send-off ceremonies at Camp Shelby, Alabama, for Task Force Phoenix IV, the 53rd Brigade Team, headquartered in Pinellas Park, Florida, which includes 1,200 Florida National Guard soldiers. These soldiers are being deployed to Afghanistan in support of Operation Enduring Freedom.

SPECIAL ORDERS GRANTED

By unanimous consent, permission to address the House, following the legislative program and any special orders heretofore entered, was granted to:

(The following Members (at the request of Ms. JACKSON-LEE of Texas) to revise and extend their remarks and include extraneous material:)

Mr. HOYER, for 5 minutes, today.

Mr. DEFAZIO, for 5 minutes, today.

Ms. WOOLSEY, for 5 minutes, today.

Mr. BROWN of Ohio, for 5 minutes, today.

Mr. SCHIFF, for 5 minutes, today.

Ms. JACKSON-LEE of Texas, for 5 minutes, today.

(The following Members (at the request of Mr. DUNCAN) to revise and extend their remarks and include extraneous material:)

Mr. SWEENEY, for 5 minutes, July 1.

Mr. POE, for 5 minutes, June 27.

Mr. DUNCAN, for 5 minutes, today.

Mr. MORAN of Kansas, for 5 minutes, June 27 and 28.

Mr. OSBORNE, for 5 minutes, June 27.

ENROLLED BILL SIGNED

Mr. Trandahl, Clerk of the House, reported and found truly enrolled a bill of the House of the following title, which was thereupon signed by the Speaker:

H.R. 1812. An act to amend the Public Health Service Act to authorize a demonstration grant program to provide patient navigator services to reduce barriers and improve health care outcomes, and for other purposes.

SENATE BILL REFERRED

A bill of the Senate of the following title was taken from the Speaker's table and, under the rule, referred as follows:

S. 1181. An act to ensure an open and deliberate process in Congress by providing that any future legislation to establish a new exemption to section 552 of title 5, United States Code (commonly referred to as the Freedom of Information Act) be stated explicitly within the text of the bill; to the Committee on Government Reform.

ADJOURNMENT

Mr. WAMP. Mr. Speaker, I move that the House do now adjourn.

The motion was agreed to; accordingly (at 5 o'clock and 58 minutes p.m.), under its previous order, the House adjourned until Monday, June 27, 2005, at 12:30 p.m., for morning hour debates.

EXECUTIVE COMMUNICATIONS, ETC.

Under clause 8 of rule XII, executive communications were taken from the Speaker's table and referred as follows:

2456. A letter from the Principal Deputy Under Secretary for Personnel and Readiness, Department of Defense, transmitting authorization of Captain Charles J. Leidig, United States Navy, to wear the insignia of the grade of rear admiral (lower half) in accordance with title 10, United States Code, section 777; to the Committee on Armed Services.

2457. A letter from the Under Secretary for Personnel and Readiness, Department of Defense, transmitting a letter on the approved retirement of Lieutenant General John D. Hopper, Jr., United States Air Force, and his advancement to the grade of lieutenant general on the retired list; to the Committee on Armed Services.

2458. A letter from the Principal Deputy Under Secretary for Personnel and Readiness, Department of Defense, transmitting authorization of the enclosed list of officers to wear the insignia of the next higher grade in accordance with title 10, United States Code, section 777; to the Committee on Armed Services.

2459. A letter from the Director, International Cooperation, Department of Defense, transmitting a copy of Transmittal No. 05-05 which informs of an intent to sign a Project Arrangement between the United States and Australia concerning Tactical Missiles; to the Committee on Armed Services.

2460. A letter from the Assistant Chief, Regulations and Procedures Division, Department of the Treasury, transmitting the Department's final rule — Establishment of the Ribbon Ridge Viticultural Area (2002R-215P) [T.D.TTB-27; Notice No. 21] (RIN: 1513-AA58) received June 8, 2005, pursuant to 5 U.S.C. 801(a)(1)(A); to the Committee on Ways and Means.

2461. A letter from the Secretary, Department of Labor, transmitting a draft bill entitled the "Unemployment Compensation Program Integrity Act of 2005"; to the Committee on Ways and Means.

2462. A letter from the Acting Chief, Publications and Regulations Branch, Internal Revenue Service, transmitting the Service's final rule — Limitations on dividends received deduction and other guidance [Notice 2005-38] received May 24, 2005, pursuant to 5 U.S.C. 801(a)(1)(A); to the Committee on Ways and Means.

2463. A letter from the Acting Chief, Publications and Regulations Branch, Internal Revenue Service, transmitting the Service's final rule — Section 1446 Regulations; withholding on effectively connected taxable income allocable to foreign partners [TD 9200] (RIN: 1545-AY28) received May 24, 2005, pursuant to 5 U.S.C. 801(a)(1)(A); to the Committee on Ways and Means.

2464. A letter from the Acting Chief, Publications and Regulations Branch, Internal Revenue Service, transmitting the Service's final rule — Examination of returns and claims for refund, credit or abatement; determination of correct tax liability. (Rev. Proc. 2005-31) received June 16, 2005, pursuant to 5 U.S.C. 801(a)(1)(A); to the Committee on Ways and Means.

2465. A letter from the Acting Chief, Publications and Regulations Branch, Internal Revenue Service, transmitting the Service's final rule — Supplemental Information for Notice 2003-47 and Announcement 2005-19, Executive Stock Option Transaction and Settlement Initiative (Announcement 2005-39) received May 24, 2005, pursuant to 5 U.S.C. 801(a)(1)(A); to the Committee on Ways and Means.

REPORTS OF COMMITTEES ON PUBLIC BILLS AND RESOLUTIONS

Under clause 2 of rule XIII, reports of committees were delivered to the Clerk for printing and reference to the proper calendar, as follows:

Mr. KOLBE: Committee on Appropriations. H.R. 3057. A bill making appropriations for foreign operations, export financing, and related programs for the fiscal year ending September 30, 2006, and for other purposes (Rept. 109-152). Referred to the Committee of the Whole House on the State of the Union.

Mr. KNOLLENBERG: Committee on Appropriations. H.R. 3058. A bill making appropriations for the Departments of Transportation, Treasury, and Housing and Urban Development, the Judiciary, District of Columbia, and independent agencies for the fiscal year ending September 30, 2006, and for other

purposes (Rept. 109-153). Referred to the Committee of the Whole House on the State of the Union.

Mr. YOUNG of Alaska: Committee on Transportation and Infrastructure. H.R. 2864. A bill to provide for the conservation and development of water and related resources, to authorize the Secretary of the Army to construct various projects for improvements to rivers and harbors of the United States, and for other purposes; with an amendment (Rept. 109-154). Referred to the Committee of the Whole House on the State of the Union.

PUBLIC BILLS AND RESOLUTIONS

Under clause 2 of rule XII, public bills and resolutions were introduced and severally referred, as follows:

By Mr. ANDREWS (for himself and Mr. KIND):

H.R. 3056. A bill to amend title I of the Employee Retirement Income Security Act of 1974 to provide for the establishment in the Department of Labor of a Small Employer Health Benefits Program; to the Committee on Education and the Workforce.

By Ms. CARSON (for herself and Mr. SHIMKUS):

H.R. 3059. A bill to provide for Flexible Fuel Vehicle (FFV) refueling capability at new and existing refueling station facilities to promote energy security; to the Committee on Ways and Means.

By Mr. CARTER (for himself and Mr. GREEN of Wisconsin):

H.R. 3060. A bill to provide the death penalty for certain terrorism related crimes and make other modifications of law relating to the penalty of death; to the Committee on the Judiciary.

By Mr. CHOCOLA (for himself and Mr. MATHESON):

H.R. 3061. A bill to amend the Internal Revenue Code of 1986 to repeal the dollar limitation on contributions to funeral trusts; to the Committee on Ways and Means.

By Mr. GILLMOR (for himself and Mr. FOSSELLA):

H.R. 3062. A bill to reduce the instances of releases from underground storage tanks by strengthening tank inspections, operator training, program enforcement, oxygenated fuel cleanup, and providing States greater Federal resources from the Leaking Underground Storage Tank Trust Fund; to the Committee on Energy and Commerce.

By Mr. KILDEE:

H.R. 3063. A bill to authorize the Secretary of Health and Human Services to provide grants to States to conduct demonstration projects that are designed to enable Medicaid-eligible individuals to receive support for appropriate and necessary long-term services in the settings of their choice; to the Committee on Energy and Commerce.

By Ms. LEE (for herself, Mr. RANGEL, and Mr. McDERMOTT):

H.R. 3064. A bill to prohibit the use of funds to implement certain regulations that restrict travel to Cuba for educational activities; to the Committee on International Relations.

By Mr. MENENDEZ (for himself and Mr. DUNCAN):

H.R. 3065. A bill to extend the aviation war risk insurance program for 3 years; to the Committee on Transportation and Infrastructure.

By Mr. NUSSLE:

H.R. 3066. A bill to amend the Harmonized Tariff Schedule of the United States to provide separate tariff categories for certain tractor body parts; to the Committee on Ways and Means.

By Mr. NUSSLE:

H.R. 3067. A bill to amend the Harmonized Tariff Schedule of the United States to pro-

vide a new subheading for certain log forwarders used as motor vehicles for the transport of goods for duty-free treatment consistent with other agricultural use log handling equipment; to the Committee on Ways and Means.

By Mr. ROHRBACHER (for himself, Mr. MURTHA, and Mrs. MCCARTHY):

H.R. 3068. A bill to amend the Servicemembers Civil Relief Act to provide relief with respect to rent and mortgage payments for members of the reserve components who are called to active duty and to amend the Internal Revenue Code of 1986 to allow a refundable credit to lessors for payments foregone by reason of such relief; to the Committee on Ways and Means, and in addition to the Committee on Veterans' Affairs, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned.

By Mr. SESSIONS:

H.R. 3069. A bill to provide for each American the opportunity to provide for his or her retirement through a S.A.F.E. account, and for other purposes; to the Committee on Ways and Means, and in addition to the Committee on Government Reform, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned.

By Mr. HYDE (for himself and Mr. LANTOS):

H. Con. Res. 191. Concurrent resolution commemorating the 60th anniversary of the conclusion of the war in the Pacific and honoring veterans of both the Pacific and Atlantic theaters of the Second World War; to the Committee on International Relations.

By Mrs. MALONEY (for herself, Mr. SHAYS, Mr. BERMAN, Mr. BLUMENAUER, Ms. MCCOLLUM of Minnesota, Mr. HONDA, Mr. McDERMOTT, Mr. CONYERS, Mr. EMANUEL, Mr. FARR, Ms. BALDWIN, Ms. EDDIE BERNICE JOHNSON of Texas, Mr. GRIJALVA, Mr. McNULTY, and Ms. BORDALLO):

H. Con. Res. 192. Concurrent resolution recognizing the 60th anniversary of the United Nations; to the Committee on International Relations.

By Mr. SMITH of Texas (for himself, Mr. BONILLA, Mr. GONZALEZ, Mr. CUELLAR, and Mrs. CHRISTENSEN):

H. Res. 339. A resolution congratulating the San Antonio Spurs for winning the 2005 National Basketball Association Championship; to the Committee on Government Reform.

By Mr. GINGREY (for himself, Mr. WILSON of South Carolina, Ms. HARRIS, Mr. OTTER, Mr. HAYWORTH, Mrs. DRAKE, Mr. DOOLITTLE, Mr. SMITH of Texas, Mr. ISTOOK, Mr. WESTMORELAND, Mr. TIAHRT, Mr. MILLER of Florida, Mr. FOLEY, Mr. POE, and Mr. BLUNT):

H. Res. 340. A resolution expressing the grave disapproval of the House of Representatives regarding the majority opinion of the Supreme Court in the case of Kelo et al. v. City of New London et al. that nullifies the protections afforded private property owners in the Takings Clause of the Fifth Amendment; to the Committee on the Judiciary.

ADDITIONAL SPONSORS

Under clause 7 of rule XII, sponsors were added to public bills and resolutions as follows:

H.R. 21: Mr. WAXMAN.

H.R. 23: Mr. WYNN and Mr. RAHALL.

H.R. 47: Mr. PENCE, Mr. NORWOOD, and Mr. WESTMORELAND.

H.R. 63: Mr. WU.

H.R. 97: Mr. TANCREDI.

H.R. 98: Ms. WATERS.

H.R. 151: Mr. JEFFERSON.

H.R. 156: Mr. PAYNE, Mr. SIMMONS, and Ms. WATSON.

H.R. 202: Mr. GRIJALVA and Mr. BAIRD.

H.R. 282: Mr. GOODE.

H.R. 314: Mr. ROSS and Mr. WAMP.

H.R. 376: Mr. MCGOVERN.

H.R. 510: Mr. BISHOP of Georgia.

H.R. 535: Mr. EMANUEL, Mr. MCGOVERN, Mr. PASTOR, and Mr. CUELLAR.

H.R. 550: Ms. SCHWARTZ of Pennsylvania, Mr. FITZPATRICK of Pennsylvania, Mr. SALAZAR, Mr. GENE GREEN of Texas, Mr. KUHL of New York, and Mr. CARDOZA.

H. R. 581: Mr. DAVIS of Tennessee.

H. R. 615: Mr. FRANK of Massachusetts.

H. R. 653: Ms. WOOLSEY, Mr. GENE GREEN of Texas, Mr. CLAY, Ms. KILPATRICK of Michigan, Mr. HONDA, Mr. HINCHEY, Mr. KENNEDY of Rhode Island, Mr. MILLER of North Carolina, and Mr. EVANS.

H. R. 698: Mr. WILSON of South Carolina.

H. R. 699: Mr. DOYLE, Mr. BROWN of Ohio, and Mr. AL GREEN of Texas.

H. R. 765: Mr. SHADEGG.

H. R. 772: Mr. GONZALEZ.

H. R. 809: Ms. HARRIS and Mr. DAVIS of Kentucky.

H. R. 813: Mr. CUMMINGS and Mr. BERMAN.

H. R. 819: Mr. KING of New York.

H. R. 867: Mr. SOUDER.

H. R. 893: Mr. FRANK of Massachusetts, Ms. JACKSON-LEE of Texas, and Mr. BACA.

H. R. 896: Mr. MURTHA, Mr. DREIER, Mr. DICKS, Ms. ZOE LOFGREN of California, Mr. MOORE of Kansas, and Ms. PRYCE of Ohio.

H. R. 923: Mr. AL GREEN of Texas and Ms. BORDALLO.

H. R. 939: Mr. KUCINICH.

H. R. 968: Mr. PRICE of North Carolina.

H. R. 985: Ms. MCCOLLUM of Minnesota.

H. R. 1002: Mr. BARROW.

H.R. 1083: Mr. WAMP.

H.R. 1108: Mr. LAHOOD, Mr. GONZALEZ, and Mr. ALLEN.

H.R. 1120: Mr. PUTNAM.

H.R. 1126: Mr. CARDIN.

H.R. 1153: Mr. DAVIS of Alabama, Ms. WASSERMAN Schultz, Ms. ZOE LOFGREN of California, and Mr. POMEROY.

H.R. 1204: Ms. SCHWARTZ of Pennsylvania and Mr. DINGELL.

H.R. 1246: Mr. DAVIS of Alabama, Ms. ZOE LOFGREN of California, Mr. RAMSTAD, Mr. MENENDEZ, and Mr. CANNON.

H.R. 1282: Mr. BRADY of Pennsylvania, Mr. MURTHA, Mr. HASTINGS of Florida, Mr. MCGOVERN, Ms. EDDIE BERNICE JOHNSON of Texas, and Ms. WATSON.

H.R. 1288: Mr. GILLMOR and Mr. FORTENBERRY.

H.R. 1323: Mr. PALLONE and Mr. PETERSON of Minnesota.

H.R. 1352: Mr. MURPHY.

H.R. 1409: Mr. MORAN of Virginia, Ms. NOR-TON, Mr. MCGOVERN, Mr. CROWLEY, Mr. McNULTY, Mr. WYNN, Mr. MEEKS of New York, Mr. HONDA, and Mr. BLUMENAUER.

H.R. 1502: Ms. JACKSON-LEE of Texas.

H.R. 1505: Mr. LAHOOD.

H.R. 1526: Mr. HOLT.

H.R. 1545: Mr. SESSIONS.

H.R. 1578: Mr. HULSHOF and Mr. ROGERS of Kentucky.

H.R. 1592: Mr. CARDIN.

H.R. 1602: Mr. WILSON of South Carolina.

H.R. 1607: Mrs. JOHNSON of Connecticut and Mr. CHABOT.

H.R. 1634: Mr. INSLEE.

H.R. 1668: Mr. STUPAK and Ms. DeGETTE.

H.R. 1678: Mr. BURTON of Indiana and Mr. NORWOOD.

H.R. 1696: Ms. JACKSON-LEE of Texas.

H.R. 1736: Mr. GILLMOR and Mr. CALVERT.

H.R. 1749: Mr. HAYES, Mr. RADANOVICH, Mr. POE, and Mr. MCINTYRE.